

House Rules for Sierra Independent Living

Effective Date:

Welcome to Sierra Independent Living!

We are committed to providing a safe, supportive, and respectful environment for all residents. To ensure a harmonious community, please take note of the following House Rules, which all residents and visitors are required to follow.

1. General Conduct and Respect

- **Respect and Courtesy:** All residents, staff, and visitors must treat one another with respect and kindness. Harassment, discrimination, or disruptive behavior will not be tolerated.
- **Noise Levels:** Please be mindful of noise, especially during early morning and late evening hours. Respect your neighbors by keeping noise levels to a minimum in shared spaces.
- **Visitors:** To prioritize the safety, privacy, and comfort of our residents, we currently operate under a *no-visitor policy*.

At Sierra Independent Living, we are committed to maintaining a secure and peaceful environment for all who call our community home. While we understand how meaningful in-person visits can be, our no-visitor policy ensures:

- Resident privacy and personal space
- A consistent, calm living environment
- Enhanced health and safety protocols

We encourage families to stay connected through virtual visits or off-site meetups when appropriate. Our team is always happy to help coordinate alternative ways for residents and their loved ones to stay in touch.

Thank you for your understanding and support

2. Personal Space and Privacy

- **Room Boundaries:** Residents are expected to respect the privacy and personal space of their roommates and other residents. No entry to a roommate's space is allowed without permission.
 - **Security of Personal Belongings:** Residents should ensure that their personal items are kept in their rooms or designated storage spaces. **Only four bags of clothes and shoes** are allowed per resident in the facility. Additional items should be stored off-site. Sierra Independent Living is not responsible for lost or stolen personal items.
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3. Safety and Security

- **Emergency Procedures:** Residents must familiarize themselves with emergency exits, fire extinguishers, and evacuation procedures. Emergency drills may be conducted periodically.
 - **Fire Safety:** **No open flames, candles, or incense** are allowed. All appliances must be used with caution, and residents must follow any specific safety guidelines posted.
 - **Security Cameras:** As outlined in our Security Camera Disclosure, security cameras are in place for the safety of everyone. Please be aware that video surveillance may be in operation in common areas.
 - **Locked Doors:** All external doors must remain locked at all times to ensure the safety of all residents.
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4. Alcohol, Drugs, and Smoking

- **Zero Tolerance for Alcohol and Drug Use:**
Sierra Independent Living enforces a **Zero Tolerance Policy** for the use, possession, or distribution of alcohol or drugs on the premises.
 - **Alcohol:** No alcohol is allowed in resident rooms or common areas. Any signs of intoxication or alcohol-related behavior will result in immediate action.
 - **Drugs:** The use, possession, or distribution of illegal drugs, controlled substances, or non-prescribed medication is strictly prohibited. This includes

marijuana, regardless of its legal status in the state.

- **Consequences:** Any violation of this policy **will result in immediate termination of residency**, with no refund. Police may be notified if illegal substances are involved.
- **Smoking:** Smoking is **only allowed in designated outdoor areas**. Smoking is not permitted in private rooms or in any indoor areas.

5. Cleanliness and Maintenance

To help keep our environment comfortable and enjoyable for everyone, we ask that **all residents take shared responsibility for the cleanliness and care of common areas**.

What This Means:

- **Clean up after yourself** in shared spaces like the kitchen, lounge, laundry room, and bathrooms.
- **Wipe down surfaces** and dispose of trash after use.
- **Store personal items** in your private space—common areas must remain clutter-free.
- **Report maintenance issues promptly** to management so we can address them quickly.

Why This Matters:

Maintaining a clean, respectful space ensures:

- A more pleasant experience for everyone
 - A sense of pride and ownership in our community
 - A healthier, safer environment
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6. Kitchen Usage

- **Kitchen Use:** When using the shared kitchen, please clean up immediately after cooking or eating. Store food in labeled containers, and ensure the fridge is organized.
 - **Shared Supplies:** Please do not remove or use another resident's food or cooking utensils without permission.
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7. Quiet Hours

- **Quiet Hours:** To ensure all residents can enjoy a peaceful environment, quiet hours are observed from **8:00 PM - 9:00 AM**, during which time noise should be kept to a minimum. Please be respectful of others' need for rest or relaxation.
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8. Laundry Usage

To ensure fair and organized access to the laundry room, **each resident will be assigned one laundry day per week, Monday through Friday.**

This system helps avoid overcrowding and ensures everyone has adequate time to do their laundry in a clean, peaceful environment.

How It Works:

- Each resident will be assigned **one designated laundry day** (Monday through Friday).
- You are welcome to use the laundry room at any time during your assigned day.
- Please do not use the laundry facilities on days not assigned to you, to respect others' scheduled time.
- A weekly schedule will be posted in the laundry room and included in your move-in documents.

If you have special circumstances or need to switch days occasionally, please speak with management—we're happy to help accommodate when possible.

Laundry Room Etiquette:

Please ensure that laundry machines are used appropriately and cleaned after use.

- Do not leave laundry unattended for extended periods of time.
- Residents are responsible for their own laundry and for cleaning up after themselves.
- **Laundry supplies** (detergents, fabric softeners, etc.) are the responsibility of the residents, unless otherwise provided.
- **Drying Clothes:** If drying clothes outside of the laundry room is necessary, please ensure that clothes are properly hung and do not block walkways or other common areas.

9. Compliance with Rules and Consequences

- **Following the Rules:** Residents are expected to adhere to all house rules. Failure to comply may result in a verbal or written warning, followed by potential disciplinary action, up to and including termination of residency.
- **Disputes and Concerns:** If you have any concerns or issues with another resident or with the facility, please report them to the management team immediately. We are committed to resolving conflicts in a fair and respectful manner.

Acknowledgment of House Rules

By signing below, I acknowledge that I have read, understood, and agree to abide by the House Rules set forth by **Sierra Independent Living**. I understand that failure to follow these rules, including the **Zero Tolerance Policy for alcohol and drug use** and the **visitor approval process**, may result in consequences, including **immediate termination of my residency**.

Resident's Name: _____

Resident's Signature: _____

Date: _____